

Self-Sufficiency Service Coordination Exercise 6 – Family Matrix Page 3-25

Strong Beginnings Program: Family Matrix Part 1

Status Level	Shelter	Food & Nutrition	Transportation & Mobility	Health & Safety	Social & Emotional Health & Competence
Benchmarks	Benchmark Criteria	Benchmark Criteria	Benchmark Criteria	Benchmark Criteria	Benchmark Criteria
Thriving	<ul style="list-style-type: none"> ◆ Living in housing of choice ◆ Spends less than 40% of income on housing rent or mortgage ◆ Has adequate housing space and rooms for family size ◆ Feels safe and secure in home and neighborhood ◆ Takes measures to maintain household in a safe and livable condition ◆ Owns property or has maintained tenancy for more than one year 	<ul style="list-style-type: none"> ◆ Can afford a variety of healthy and nutritious foods ◆ Has appliances and utensils to prepare food in a variety of methods ◆ Eats nutritious, well-balanced meals on a regularly scheduled basis ◆ All special dietary requirements are met ◆ Is ideal weight 	<ul style="list-style-type: none"> ◆ Has current and valid drivers license ◆ Has a vehicle that is safe and in adequate running condition ◆ Is fully insured and has comprehensive insurance coverage ◆ Can afford choice of transportation ◆ Is able to repair vehicle when needed 	<ul style="list-style-type: none"> ◆ Has established relationships with health care professionals ◆ Has comprehensive health insurance ◆ Practices preventive health habits ◆ Practices safe behaviors in all environments 	<ul style="list-style-type: none"> ◆ Working to change negative social and cultural conditions on a personal and community level ◆ Uses resources for personal development ◆ Is not using drugs or alcohol ◆ Is maintaining sobriety
Safe and/or Self-Sufficient	<ul style="list-style-type: none"> ◆ Lives in or has access to adequate housing ◆ Spends less than 50% of income on rent or mortgage ◆ Has some choice in housing options ◆ Feels safe and secure in home and neighborhood ◆ Has adequate space and rooms for family size ◆ Tenancy is secure for one year 	<ul style="list-style-type: none"> ◆ Has enough food to satisfy recommended daily allowances ◆ Has appliances and utensils to prepare most foods ◆ Eats well balanced meals on a regularly scheduled basis ◆ Special dietary needs are usually met ◆ Is ideal weight or less than 10 lbs. heavier or lighter than ideal weight 	<ul style="list-style-type: none"> ◆ Has current and valid drivers license ◆ Has and maintains own vehicle ◆ Has basic insurance coverage ◆ Has a good driving and accident record ◆ Has some choice of transportation 	<ul style="list-style-type: none"> ◆ Can access health care when needed ◆ Has insurance that covers at least 80 percent of costs of care ◆ Has adequate income to make payment arrangements ◆ Has sound health and hygiene practices ◆ Seeks timely assessment and treatment ◆ Practices safe behaviors in most environments 	<ul style="list-style-type: none"> ◆ Is able to cope with social, cultural and economic pressures ◆ Is not using drugs or alcohol ◆ Has used treatment to make progress toward sobriety and is maintaining sobriety ◆ Has well developed social support system – is able to receive as well as provide support ◆ Generally makes wise use of community resources to meet full range of family needs
Stable	<ul style="list-style-type: none"> ◆ Housing is not hazardous, unhealthy or overcrowded ◆ Spends less than 60% of income on rent or mortgage ◆ Housing options may be limited ◆ Feels safe and secure in home ◆ All housing and utility costs are paid and up to date ◆ Has telephone or access to a telephone ◆ Tenancy is secure for more than six months 	<ul style="list-style-type: none"> ◆ Has adequate nutritious food ◆ Has some appliances and utensils to prepare food ◆ Eats at least one nutritious meal daily ◆ Food is sufficient to prevent malnutrition or health problems ◆ Is ideal weight or less than 20 lbs. heavier or lighter than ideal weight 	<ul style="list-style-type: none"> ◆ Has current and valid drivers license ◆ Has a vehicle ◆ Can afford alternate transportation when needed ◆ Can generally repair vehicle when needed 	<ul style="list-style-type: none"> ◆ Can and does access health care but has significant difficulty and/or gaps in health coverage ◆ Has major and emergency insurance coverage ◆ Has adequate income to pay treatment of care balances over time ◆ Generally practices sound hygiene ◆ Seeks treatment for significant problems ◆ Practices safe behaviors in many environments 	<ul style="list-style-type: none"> ◆ Is usually able to handle social, cultural and economic pressures ◆ Acknowledges any drug or alcohol problems and is utilizing treatment ◆ Generally using community resources needed to meet family needs ◆ Generally able to control symptoms of mental illness or seeks treatment when needed

Status Level	Shelter	Food & Nutrition	Transportation & Mobility	Health & Safety	Social & Emotional Health & Competence
At Risk and/or Vulnerable	<ul style="list-style-type: none"> ◆ Lives in temporary or share housing ◆ Spends more than 60% of income for rent ◆ Housing options are severally limited or non-existent ◆ Living in unsafe and over-crowded conditions ◆ May have a recent eviction or utility shut off notice ◆ Feels unsafe in home and neighborhood ◆ May be dependent upon housing assistance ◆ Tenancy is secure for six months or less 	<ul style="list-style-type: none"> ◆ Family members are sometimes hungry and/or malnourished due to lack of food ◆ Does not have appliances and utensils to prepare food ◆ Nutritional requirements are not consistently met ◆ Eats when food is available ◆ Is obese or underweight 	<ul style="list-style-type: none"> ◆ Has a revoked, suspended or invalid drivers license ◆ May have insufficient funds to obtain transportation when needed ◆ Has unpaid traffic tickets ◆ Does not have safe or reliable transportation ◆ Does not have auto insurance ◆ Does not have income to obtain transportation 	<ul style="list-style-type: none"> ◆ Health care is sporadic ◆ Has difficulty accessing health care ◆ Is not covered by insurance ◆ Has inadequate income to access necessary health care ◆ Doesn't take care of self – ignores health problems ◆ Is unaware of and does not practice safe behaviors or hygiene practices 	<ul style="list-style-type: none"> ◆ Uses illegal drugs ◆ Abuses alcohol or prescription drugs ◆ Has inadequate social support systems but is beginning to develop appropriate connections ◆ Is often in denial of emotional, mental health, and/or substance abuse problems ◆ Is unable to control symptoms of mental illness or does not seek treatment when needed
In Crisis	<ul style="list-style-type: none"> ◆ Is homeless or on the verge of being homeless ◆ Has insufficient income for anything but substandard or temporary housing ◆ Living in housing that is unsafe, deteriorating or seriously over-crowded ◆ Fears for safety in home and neighborhood ◆ Lacks income or resources to maintain permanent housing ◆ Lacks basic household necessities 	<ul style="list-style-type: none"> ◆ Hunger is common ◆ Has a serious lack of resources to obtain food ◆ Evidence of or diagnosis of malnutrition ◆ Has a severe eating disorder ◆ No one is preparing meals ◆ Is extremely obese or severally underweight 	<ul style="list-style-type: none"> ◆ Is driving without a license ◆ Is driving without insurance ◆ Does not have a drivers license ◆ Does not know how to drive ◆ Is not insurable ◆ Has no access to transportation for basic needs ◆ Has no income to obtain transportation ◆ Has been incarcerated for traffic violations 	<ul style="list-style-type: none"> ◆ Has no access to health care ◆ Needs immediate health care ◆ Displays dangerous and/or self-destructive behavior 	<ul style="list-style-type: none"> ◆ Is unable to take care of self or family ◆ Has severe and untreated drug or alcohol abuse ◆ Has severe and untreated mental illness ◆ Has no social support system ◆ Is isolated

Strong Beginnings Program: Family Matrix Part 2

Status Level	Income & Budget	Family Relations & Parenting	Employment	Adult Education & Development	Children/Youth Education & Development
Benchmarks	Benchmark Criteria	Benchmark Criteria	Benchmark Criteria	Benchmark Criteria	Benchmark Criteria
Thriving	<ul style="list-style-type: none"> ◆ Sufficient earned income to allow family choices for non-essential purchases ◆ Able to save 10% of income ◆ Established relationship with insured financial institution ◆ Has a good credit rating ◆ Expects to increase income level within one year 	<ul style="list-style-type: none"> ◆ Has a strong supportive family with positive family identify ◆ Mutually agreed upon rules and expectations ◆ Conflicts are easily negotiated ◆ Is nurturing and consistently cares for family members ◆ Children are happy and socially well-adjusted ◆ Children enjoy parents 	<ul style="list-style-type: none"> ◆ Possesses marketable job skills and positive work experience ◆ Constant development of transferable job skills ◆ Permanent employment by secure business offering a comprehensive benefit package ◆ Has made steady advancement in career of choice ◆ Has solid job search and retention skills 	<ul style="list-style-type: none"> ◆ Has post secondary education or training ◆ Parents speak, read and write English ◆ Positive, supportive attitude toward education ◆ Set and pursue long range career and educational goals ◆ Highly value education for children 	<ul style="list-style-type: none"> ◆ Has little or no absenteeism ◆ Has high grades in most subjects and passing marks in every subject ◆ Has no discipline problems ◆ Is a leader among other students ◆ Has a positive attitude toward education
Safe and/or Self-Sufficient	<ul style="list-style-type: none"> ◆ Sufficient earned income to meet basic family needs ◆ Plans and sticks to a monthly budget ◆ Saves when possible ◆ Able to obtain a secured line of credit ◆ Pays bills on time, delays purchases to handle debt load ◆ Has a good credit rating ◆ Anticipates continuation of current income level for at least one year 	<ul style="list-style-type: none"> ◆ Supportive family with a generally positive identity ◆ Has realistic rules and manageable conflict ◆ Usually provides sound, nurturing care for family members ◆ Children unusually happy and outgoing; little violence or aggression ◆ Children are consistently able to relate to parents 	<ul style="list-style-type: none"> ◆ Has attained marketable job skills ◆ Is employed by a secure business offering some benefits ◆ Has employment with potential for advancement ◆ Has or can easily develop job retention skills. ◆ Has job search skills. ◆ Has sufficient wages to provide for family needs. 	<ul style="list-style-type: none"> ◆ Some family members speak, read and write English ◆ Have or are pursuing a high school diploma or equivalent education ◆ Enrolled in adult education, English as a Second Language, Vocational Education or College ◆ Values education for children 	<ul style="list-style-type: none"> ◆ Absenteeism is not high enough to be a concern ◆ Has passing marks in all subjects ◆ Has no discipline problems ◆ Has a good attitude toward education
Stable	<ul style="list-style-type: none"> ◆ Has an income barely adequate to meet basic needs ◆ Plans and sticks to a monthly budget ◆ Has no savings ◆ Able to obtain limited secured credit ◆ Generally pays bills on time ◆ No anticipated decrease in family income 	<ul style="list-style-type: none"> ◆ No abuse or neglect of any kind ◆ Learning positive family dynamics ◆ Care of family members is adequate ◆ Little violence or aggression ◆ Children are sometimes able to relate to parents ◆ Parents are involved in parenting, communication and/or family development training 	<ul style="list-style-type: none"> ◆ Considering or in the process of developing more marketable job skills ◆ Has seasonal, part time or temporary employment ◆ Has employment with inadequate hours, benefits and/or stability ◆ Has employment with limited advancement potential ◆ Has understanding of job search skills. Can search for a job with assistance. ◆ Wages are sufficient to meet most family needs 	<ul style="list-style-type: none"> ◆ Considers personal education needs and options ◆ Has or is pursuing a high school education ◆ Has limited English skills ◆ Can set and pursue some career and personal education goals with assistance ◆ Values some education for children 	<ul style="list-style-type: none"> ◆ Has some absenteeism but it is not impeding educational performance ◆ Is performing at a minimum educational level ◆ Has some discipline problems ◆ Gets along with most other students ◆ Making adequate progress in reading, writing and arithmetic skills ◆ Has an average attitude toward education

Status Level	Income & Budget	Family Relations & Parenting	Employment	Adult Education & Development	Children/Youth Education & Development
Benchmarks	Benchmark Criteria	Benchmark Criteria	Benchmark Criteria	Benchmark Criteria	Benchmark Criteria
At Risk and/or Vulnerable	<ul style="list-style-type: none"> ◆ Has a limited income ◆ Is sometimes unable to meet basic needs ◆ Has spontaneous and inappropriate spending habits ◆ Has no savings ◆ Has limited ability to obtain credit ◆ Has unpaid bills ◆ Has an overwhelming debt load 	<ul style="list-style-type: none"> ◆ Outside placement of children is threatened ◆ Children have run away from home ◆ Unrealistic or non-existent rules ◆ Constant conflict ◆ Inadequate care ◆ Risk of abuse or neglect ◆ Children are unhappy, withdrawn, violent or aggressive 	<ul style="list-style-type: none"> ◆ Has limited job skills ◆ Has inadequate employment with no benefits ◆ Is not sure where or how to find the next job ◆ Has no advancement potential ◆ Has disciplinary or performance problems at work ◆ Has few job search or retention skills ◆ Wages are insufficient to meet family needs 	<ul style="list-style-type: none"> ◆ Has less than a ninth grade education ◆ Has severally limited English skills ◆ Does not consider education a priority ◆ Does not set or pursue educational or career goals 	<ul style="list-style-type: none"> ◆ Has a high absenteeism rate ◆ Is performing below educational level or is failing in one or more subjects ◆ Has continued discipline problems ◆ Exhibits gang related behavior ◆ Does not get along with other students ◆ Has serious difficulty with reading, writing and arithmetic skills ◆ Has a poor attitude toward education
In Crisis	<ul style="list-style-type: none"> ◆ Has very little money and can not meet basic needs ◆ Unable to obtain credit ◆ Has unpaid bills and collectors calling ◆ Is dependent upon public assistance 	<ul style="list-style-type: none"> ◆ Existence of child or spousal abuse, neglect or violence ◆ Foster care or other placement of child has occurred or is imminent ◆ Intervention of criminal justice system is required to deal with family violence or abuse 	<ul style="list-style-type: none"> ◆ Is unemployed or unemployable ◆ Has minimum or no job skills ◆ Has negative work history ◆ Has negative work ethics or attitude ◆ Has no job search or retention skills 	<ul style="list-style-type: none"> ◆ Is illiterate ◆ Has no English skills ◆ Has no interest in or access to educational remedies ◆ Does not stress or value education for children 	<ul style="list-style-type: none"> ◆ Having great difficulty in school ◆ Drops out of school ◆ Has a poor attitude toward education ◆ Has serious development deficiencies ◆ Has serious behavioral problems